



Antony Fitton Plastic Surgery

# Plastic Surgery Consultation Checklist



**ASK THE RIGHT QUESTIONS**  
(BE CONFIDENT IN YOUR DECISION)



**EVALUATE MR FITTON'S  
QUALIFICATIONS**



**GUIDE YOUR CONSULTATION**  
(SO YOU DON'T FORGET ESSENTIAL QUESTIONS)



**MEDICALLY SAFE AND  
AESTHETICALLY APPROPRIATE**



**MAKE AN INFORMED DECISION**  
(UNDERSTAND EXACTLY WHATS INVOLVED)



Visit Our Website Now  
[www.plasticsurgeryplymouth.com](http://www.plasticsurgeryplymouth.com)



## Plastic Surgery Consultation Checklist

---

Use this checklist to help guide your consultation with Antony Fitton. It will ensure you ask the right questions, evaluate his qualifications, and make an informed decision.

### 1. Mr Fitton's Credentials

- Is he registered with the General Medical Council (GMC)?
- Does he hold the FRCS(Plast) qualification?
- Is he a member of BAAPS and BAPRAS?
- How many years has he been performing plastic surgery?
- Does he specialise in the procedure I'm considering?

### 2. Clinic Standards

- Is the clinic or hospital CQC-registered?
- Who will perform my anaesthesia?
- What are the safety and hygiene protocols?
- What's the plan if something goes wrong during surgery?

### 3. Procedure-Specific Questions

- Am I a good candidate for this procedure?
- What are the risks and complications?
- What's the expected recovery time?
- Will I need time off work?
- What kind of scars should I expect?



## 4. Results & Expectations

- What kind of results are realistic for me?
- Can I see before-and-after photos of similar patients?
- What happens if I'm not happy with the results?
- How long will the results last?

## 5. Aftercare & Support

- What is included in post-operative care?
- Who do I contact if I have concerns or complications?
- Are follow-up appointments included in the price?
- Will I be given written recovery instructions?

## 6. Financial Considerations

- What is the full cost of the procedure?
- What's included in the quote (e.g., hospital stay, anaesthesia, follow-ups)?
- Are there any additional or hidden costs?
- What is the cancellation or refund policy?

## 7. Gut Feeling

- Did Mr Fitton listen carefully to my goals?
- Did I feel rushed or pressured?
- Do I feel confident in their expertise?
- Would I feel comfortable moving forward with Mr Fitton?